



VINCENT MASSEY SCHOOL BULLETIN

DECEMBER UPDATE



THE SPIRIT OF GIVING CONTINUES

A table has been set up outside the main office to collect items for less fortunate families in our community. Some suggestions are non-perishable food items and/or **unwrapped** new toys. These donations can be made **anytime** up to December 19th.

Another idea that has come up is donating your "**Canadian Tire**" money! What a great idea! All donations will be picked up from the school on December 19th so they can be distributed before Christmas.

Thanks so much for your generosity and caring for others.

STUDENT/PARENT INFORMATION

It is **very important** that we have the correct information on file in case parents need to be contacted or if an emergency arises.

If you have had **any changes** to your child's information, that is, new phone/cell numbers, new medical info, new address, new contact information, etc. please contact me **as soon as possible** so your child's file can be brought up to date. Thanks for your cooperation.

CLASSROOM TELEPHONES

We would like to clarify some things about the school telephone system:

1. If you call the school and use the teacher name or extension number, you will be immediately put through to their voicemail. Please understand that the teacher may not get to their messages until after school hours.
2. If you need a message to get to your child(ren) or their teacher during school hours, please contact the office.
3. Please do not ask Mrs. Knutson to put you through to the classroom unless the teacher has specifically asked you to contact her during class time – we would rather not interrupt



4. teaching time. She will make sure your message gets to the teacher in a timely manner.
5. We would prefer the students not be pulled from the classroom to take calls, unless it is an emergency. Please leave a message for them at the office and we will make sure your child gets the message.
6. Students are not allowed to use the student phone unless they have been given permission from the office and it is to be used for emergencies only. Play dates with friends are to be made from home please.

If you have any questions or concerns, please contact the school at 527-3750.

STAFFING UPDATES

We will welcome back **Mrs. Tara McWilliams** who is returning Jan. 9th to her Grade Six class after maternity leave.

Good luck to **Mrs. Amanda Fahey** in all her future endeavors. We will miss her here at Vincent Massey!!

Student Success!

Staff members of Vincent Massey are very proud of our students and we love hearing about their achievements inside and outside the school setting. If you would like us to acknowledge your child's accomplishments for out-of-school activities, please contact Mrs. Knutson at 527-3750.

☺ Congratulations to Jocelyn Walters, Sierra Milroy, Haylie Mandel, Ella Hoffarth and Josie Hoffarth for their roles in the "Nutcracker" ballet at the Esplanade December 3rd and 4th.

PRIDE & PRAISE STUDENTS

| | |
|------------------|----------------|
| Kylie Aaker | Khia Carriere |
| Jordyn Parsons | Rueger Perrett |
| Lorenzo Ricci | Jocelyn Bezler |
| Kira Chell | Landon Fode |
| Micheal Foley | Matthew Gartry |
| Mackenzie Hanson | Josie Hoffarth |
| Rebecca Jones | Cailynn Kenny |

PRIDE AND PRAISE CON'T

| | |
|----------------------|---------------------|
| Eston Kylo | Braden Latimer |
| Allison Mason | Jonathan Meloney |
| Michael Jaydn | Elizabeth Tweed |
| Evoran Caniff x2 | Conner Davis |
| Kristen Erfle x2 | Layne Gow x2 |
| Aislinn Ireland x2 | Alyssa Johnson |
| Nikkie Jordan | Justin Lantican |
| Logan Middlemiss x2 | Keanna Milroy |
| Irelynd Rutley x2 | Emily Schlenker x2 |
| Noah Smith | Bentley Stewart x2 |
| Isaac Handley | Jocelyn Middelhoek |
| Benjamin Milner | Nataya Penttila |
| Josh Sulezle | Austin Anton x2 |
| Tara Bourassa | Dominik Ferrier x2 |
| Adam Hilgendorf | Serena Houmphanh x2 |
| Jayden Jackson x2 | Sara Malek x2 |
| Autumn McFetridge x2 | Ty Petersen x2 |
| Keeley Schnuth x2 | Amy Alcorn |
| Kevin Hudson | Jocelyn Walters |

PARENT COUNCIL MAGAZINE CAMPAIGN

Thanks to all students who participated in the fundraiser. Participation was down this year and therefore there was not a "winning" classroom, instead all students who sold subscriptions will be treated to an ice cream party. Prizes awarded at the Pride and Praise assembly.

KINDERGARTEN RAFFLE

The Kindergarten classes are currently selling tickets for 3 baskets of goodies. There is a Family Basket, Mom's Basket and Dad's Basket. Tickets are \$1.00 each and will be on sale until December 21st. The draw will be on December 22, 2011. The baskets are on display in the showcase by the front doors. To purchase a ticket please see any kindergarten student or purchase your ticket **at the Christmas concert**. Thank you to all the kindergarten students and parents for the donations towards the baskets.

WINTER READING PROGRAM

The Winter Reading Program is back. Beginning January 16th our school will "Go Buggy for Books" and kick off our winter reading program.

There will be **great prizes** for participation, for most minutes read individually and a pizza party for the team with the most minutes read!

Please watch for the parent letter and tracking sheet to come home right after the Christmas break.

RED CROSS BABYSITTING COURSE

Vincent Massey will be offering the Red Cross babysitting course to the **grade 6** students. This course teaches students all the aspects needed in order to become a successful babysitter.

This course will be held on **Saturday, January 21st** from 9:00am to 3:30pm in the multi-purpose room (before and after school room). The cost of this course is \$45.00.

Students are asked to bring a doll or stuffed animal, snack, bag lunch and drink. We will accept the **first 25 paid registrations**. Last date to register will be Thursday, January 19th. Registration forms will be going out soon. If you have any questions about the program, please contact Mr. McFetridge.

PERSONAL HEALTH WEEK AND PARENT INFO NIGHT

This unit will take place from January 23rd to 27th for grade 4 to 6 students. To facilitate questions that parents may have about the "Human Sexuality Program" for grade 4 to 6, there will be a parent meeting on **Wednesday, January 18th from 7pm to 8 pm** in the Staff Room of Vincent Massey School. You may wish to attend in order to learn more about what is taught to the children in the Human Sexuality Unit. We will quickly review the curriculum topics at each grade level. If wished, School Board approved videos will be made available to preview. More information will be sent home in a parent permission letter to grades 4-6 students in early January.

The Alberta Learning Health Curriculum states that teachers of students in upper elementary school must cover the following instructional objectives:

- **Grade 4: Puberty**
- **Grade 5: The Human Reproductive System**
- **Grade 6: Conception to Birth and Blood-borne Diseases**

SKATING SCHEDULE – HOCKEY HOUNDS RINK

Wednesday, December 21st

9:00 - 11:45 Grades 2 - 6 – watch for info from your teacher

Friday, January 13th

9:00 – 10:00 Grade 5 – Bader and Elderkin
10:30 – 11:30 Grade 3 – Ryckman & Thompson

Wednesday, January 25th

10:30 – 11:30 Grade 1 – Morin & McBain
Grade 6 - Brandt

Friday, January 27th

9:00 – 10:00 Grade 4 – Oliphant & Baird
10:30 – 11:30 Grade 2 – Cowan & Seitz
Grade 3 – Ryckman & Thompson

Tuesday, January 31st

9:00 – 10:00 Kindergarten A

More skating times to follow....



GENERAL INFORMATION

➤ **Please make sure your school fees are paid. Kindergarten - \$110.00 and grades 1-6 - \$100.00. Thank you.**

- Please make sure your children are **dressed for the weather**. Students go outside at recess and noon hour (weather permitting) for fresh air and need to dress warmly.
- Paying for milk on a monthly basis **DOES NOT include early dismissal days, "no school" days, or Hot Lunch days.**
- January - \$11.20
 - February - \$10.50
 - March - \$14.70
 - April - \$9.80
 - May - \$14.70
 - June - \$11.90

Please understand that we cannot predict when your child forgets to pick up their milk or misses a day of school. If you require a refund, please contact the office.



- *Well balanced, healthy lunches delivered to your child's school just in time for lunch!
 - *No more running to the school with forgotten lunches!
 - *Peace of mind that your children are eating healthy nutritious lunches!
 - *Eliminate school lunch stress!
 - *Easy online ordering for convenience in your busy schedule!
 - *School staff welcome!
 - "We Make Healthy Easy!"**
- Visit us online at www.kidsplate.ca to place your order!
Merry Christmas!

MOOTRITIOUS MOOS: SURVIVING THE HOLIDAY SEASON

From Alberta Milk

Amidst all the hustle and bustle of the season, the idea of healthy eating may seem as distant as the North Pole. But don't worry there are ways to include health in the holiday.

5 Simple Holiday Food Survival Tips:

1. Shop with care and plan your route on a full stomach. Shopping the outer edges of the store first will help you find all four food groups for the feast.
2. Tempt guests with tasty snacks. Prepare your own appetizers. This will help to decrease the amount of salt, fat and sugar you eat.
3. Decorate your plate. Choosing colourful foods like broccoli, carrots, squash, eggplant and fruit salad on half of your plate will give you the gift of a stronger immune system.
4. Plan ahead. Preparing and freezing some dishes ahead of time will help reduce impulse meals. Freezing butternut squash soup or mixed bean chili make for a quick meal and can be re-gifted into easy meals for busy folks.
5. Make physical activity part of the party. Building snowmen, ice skating or sledding are all great ways to stay active.

Remember, holiday eating can be healthy and moo-tritious!

HEALTHY SCHOOLS – ALBERTA HEALTH SERVICES

Travel Outside of Canada

International travel can expose you and your family to infectious diseases not frequently seen in Canada.

Based on your current health, immunization history, and travel plans, a healthcare provider can assess your health risks and advise you on immunization requirements, your need for preventative medication and how to avoid health risks.

Currently, there is a world-wide risk for red measles.

Please contact your local Public Health office, a pharmacist specializing in travel health, or your physician at least six weeks before departure for an individual health assessment.




Go to www.travelhealth.gc.ca for more information.



**Remember Early Dismissal
December 23rd at 11:45am.
We wish your family a very Merry
Christmas! Classes resume January 9th.**



JANUARY

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------------|---|----------------|---|--|---|------------------------------------|
| 1 HAPPY NEW YEAR!! | 2 NO SCHOOL | 3 NO SCHOOL | 4 NO SCHOOL | 5 NO SCHOOL | 6 NO SCHOOL | 7 |
| 8 | 9 Welcome back to school!  | 10 | 11 | 12 | 13 Hot Lunch Orders Due Today. Hot Dog Day  | 14 |
| 15 | 16 KPAC Meeting 6:30 School Council Meeting 7:00 Everyone Welcome! Reading Program Starts | 17 | 18 Parent Meeting for Gr. 4 – 6. Personal Health Week 7pm Staff Room | 19 Hot Lunch Day! Pride and Praise Assembly 2:10pm | 20 NO SCHOOL PLC Friday | 21 Red Cross Babysitters Course |
| 22 | 23 | 24 | 25 | 26 | 27 Grade 6 Pizza Day!  | 28 |
| 29 | 30 | 31 | | | | |

There is no school the week of February 20-24 inclusive.